



Margaret Brunelle

Beginning and Intermediate Fencing

I have been teaching fencing for CARD since 2005. I am knowledgeable in all three weapons. Our class is primarily Epee because I feel it is the easiest and fastest to learn. My students and I have a tremendous amount of fun in our class, but we are serious competitors. Most of my students go to tournaments and have been successful. Success to me is not always a gold medal, but your own personal best. My students come from all sorts of backgrounds. Many have never wanted to do sports, but love the thrill of handling a sword. Since our class also includes aerobics and stretching some of our students have slimmed down even with just two days a week. Fencing is a great physical and mental sport and a great alternative to more main stream sports that are offered.



Have you PLAYed today?