

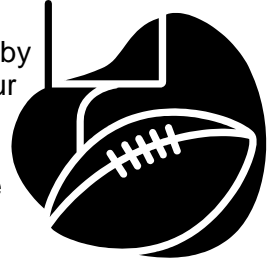


# 2008 Flag Football Sandlot

## Chico Area Recreation & Park District

### What is the CARD registration and refund policy?

Registration is on a first come, first serve basis. Registration must be completed by 5:00pm on September 11th. If you attempt to sign up after September 11th, your child will be placed on a waiting list, and there will be a \$10 late registration fee assessed if your child is placed in the program. Refunds will be made only if notice is given to the CARD office within 24 hours after the first meeting/practice with your child's coach.



### When will I be contacted by a coach?

You will not be contacted by a coach, please show up to the first practice at DeGarmo Park ready to go! Please meet underneath the red covering/shelter with all the picnic benches for the first meeting!

### When and where does the program run?

Sandlot runs from 9/16-10/16 on Tuesday and Thursdays from 4-5pm at DeGarmo Park. Because the program is only an hour, it is of the utmost importance to show up on time!

### What will the format of the program be?

We will start each practice out with a short warm-up. We will then break into 3-4 stations (depending on the number of kids that are in the program) to work on the fundamentals and simple game strategy. We will progressively work in game play as the players advance in their skills and knowledge of the games. The last one to two weeks will consist of pure game play. This is an instructional program, so games will be played to learn the fundamentals of the game and to inspire a love for the game, rather than for competition and winning.

### What do I need to bring?

You will need to purchase a green/white reversible CARD jersey at the CARD office before the program starts. You may purchase these Monday-Friday from 8am-5pm for \$11. There will NOT be uniforms available on site for purchase, so please make sure to do this before the program begins. It is also very important that all players come in athletic attire. (NO jeans or sandals). Please make sure to bring ample amounts of water for each practice as well!

### How will I know if there are any changes to practice if the weather is bad?

You can find any information regarding changes to games because of the weather (rain, smoke, thunder, etc) at CARD's weather hotline at 895-4711 ext. 3. The weather hotline will be updated by 3pm on the day of the program if there are any changes in the schedule. You will not receive a phone call regarding any changes, and should instead check the weather hotline if you are concerned about the availability of the program. The hotline will only be updated if there are changes to the program.

### Any other questions?

Please feel free to call the CARD Office at 895-4711 with any other questions!

**Register Today**

**Online at [www.chicorec.com](http://www.chicorec.com)**

**Or at the CARD office**

**545 Vallombrosa Ave.**

**Call 895-4711**

**Have you PLAYED today?**