



For the LOVE of the game

# Flag Football League

CHICO AREA RECREATION AND PARK DISTRICT

## When will I be contacted by a coach?

You will be contacted by a coach before Sunday, August 29 at 5:00pm. If you do not hear from your coach by August 29, please call the CARD office on Monday, August 30 between 8am-5pm. Your coach should let you know about your first practice time and date as well as a mandatory parent meeting. Game schedules will be posted on the website on Friday, August 27 before 5:00pm at [www.chicorec.com](http://www.chicorec.com).

## When and where will practices be?

You coach will be responsible for practice times and locations. Please do not hesitate to call your coach with any questions regarding practice! Team practices can start the week of August 30.

## Does my school need a skills evaluation?

If a skills evaluation is needed, a CARD staff will call you by August 20 to inform you of the date and time. All skills evaluation will take place on Saturday, 8/21, Monday 8/23 or Tuesday 8/24.

## When and where will the games be?

All games will be held at DeGarmo Park, Esplanade and Eaton Rd.

Grade	Day	Time
3/4	Tuesday	Anytime between 4-8pm
5/6	Thursday	Anytime between 4-8pm
7/8	Wednesday	Anytime between 4-8pm

Please not all game days are tentative and are subject to change depending on the number of participants/teams in the league.

## When is the end of the season tournament?

The tournament will be at DeGarmo Park on Saturday, October 23 AND Sunday, October 24. More tournament information will be released at [www.chicorec.com](http://www.chicorec.com) no later than October 21 by 5pm. The tournament will begin mid-morning. All teams will be in the tournament and it will be a single elimination format. **There is no tournament for the 3rd/4th grade league.**



Have you PLAYed Today?

[www.chicorec.com](http://www.chicorec.com)

CARD office: 545 Vallombrosa Ave.

Questions? Call 895-4711

## What do I need to bring to all games and practices?

A CARD Youth Sports jersey is mandatory. Jerseys are available for purchase at the CARD Office for \$12 if you do not have one already. All athletes must wear athletic shorts, athletic shoes and a **mouth guard** in order to participate. Cleats are recommended, but not required (metal cleats are prohibited). It is of the very important to make sure all athletes have plenty of water at all times.

Please turn over for more important information

### Where can I access game schedules?

Game schedules will be posted at the CARD website on Friday, August 27 before 5:00pm at [www.chicorec.com/Athletics/Flag-Football](http://www.chicorec.com/Athletics/Flag-Football). To access the schedules, go to [www.chicorec.com](http://www.chicorec.com) and click on “Athletics” on the left hand tab, and then click on the “Flag Football” box. Make sure to scroll down the entire page to find what you are looking for. Please make sure to read the parent handbook as well! Schedules, rules and standings will always be updated on the website!

### How will I know if there are any changes to games due to bad weather?

You can find information regarding changes to the game because of the weather (rain, smoke, thunder, etc) at CARD’s weather hotline at 895-4711 ext. 3. The weather hotline will be updated by 3:30 pm on the day of the program if there are any changes in the schedule. You will **not** receive a phone call regarding any changes to games, and should instead check the weather hotline if you are concerned about the availability of the program. Your coach will keep you updated regarding any changes to practice.

### Do we get pictures taken?

TSS Photography will be taking pictures ([tssphotography.com](http://tssphotography.com)). They will take individual photos as well as a team photo, which you will then have the option of purchasing if you are interested. All handouts will come directly from your coach. Please be on the look out for the following:

**Package Handout:**

At games the week of [September 6](#), will include price options.

**Picture Day** (don’t forget to smile):

At games the week of [September 13](#). Please show up 45 minutes before your game this week to ensure you and your team have enough time to take all the needed pictures.

**Picture Handout:**

At games the week of [October 18](#). If you ordered pictures and did not receive them, or if there was a mistake with your order on this date, you can call TSS Photography directly using the contact information on your picture packets.

### Are you interested in Volunteer Coaching?

We are always in need of volunteer coaches for our flag football program. Without the volunteer coaches, the league will not run!

1. Turn in a completed pink volunteer application form (available online under “Flag Football,” or at the CARD Office) by [August 18](#).
2. Attend the mandatory pre-season Coaches meetings on [August 25](#) at 6:15pm in the CARD Community Center Main Hall AND [August 26](#) at 6:15pm in the Room 3 at the CARD Office. BOTH MEETINGS ARE MANDATORY.
3. Start the season and make a difference! (One practice a week and one game a week)

### What if I have an issue during the season?

New this year, we have included a Coaches Liaison to all of our leagues in order to assist coaches! If you have any issues with your coach, that cannot be solved by talking to them directly, please feel free to contact the CARD Office so we can put the Coaches Liaison to work! Please remember that we want to make positive adjustments sooner rather than later and letting us know an issue at the end of the season leaves us little room to make that adjustment!

### Where can I sit when I go to watch the game?

Due to limited seating options, please bring your own chair! We ask that all spectators sit on the opposite side-line as the coaches and players.

### Any other questions?

Please feel free to call Erin Gonzales at 895-4711 ext. 112 with any other questions!