



For the LOVE of the game

Sandlot Flag Football

CHICO AREA RECREATION AND PARK DISTRICT



When will I be contacted by a coach?

You will not be contacted by a coach, please show up at the first practice at DeGarmo Park (we will meet at the picnic benches under the covering for the first practice) ready to go! DeGarmo Park, Esplanade and Eaton Rd (behind Shasta Elementary School)

What is the program format?

We have reformatted Sandlot Football to include more fun and game play! This instructional program will introduce players to the sport of football. The first two weeks of the program will include an emphasis on skills and drill sessions. The last four weeks there will be 20 minutes of practice and a 40 minute game each day.

What do I need to bring?

A CARD Youth Sports jersey is optional. Jerseys can be purchased at the CARD Office for \$12. It is very important that all players come in athletic attire (NO jeans or sandals). Please make sure to bring plenty of water for each practice!

How will I know if there are any changes to practice due to bad weather?

You can find information regarding changes to the program because of the weather (rain, smoke, thunder, etc) at CARD's weather hotline at 895-4711 ext. 3. The weather hotline will be updated by 3:30pm on the day of the program if there are any changes in the schedule. You will **not** receive a phone call regarding any changes, and should instead check the weather hotline if you are concerned about the availability of the program.

Any other questions?

Please feel free to call Erin Gonzales at 895-4711 ext. 112 with any other questions!



Have you PLAYed Today?

www.chicorec.com

CARD office: 545 Vallombrosa Ave.

Questions? Call 895-4711