



For the LOVE of the game

ShortE All Stars

CHICO AREA RECREATION AND PARK DISTRICT

When will I be contacted by a coach?

You will **not** be contacted by a coach, please show up at the first practice at DeGarmo Park ready to play. Look for staff wearing bright orange "for the love of the game" t-shirts.

When and where does the program run?

ShortE All-Stars is held at DeGarmo Park, Esplanade and Eaton Rd, behind Shasta Elementary School. The program will be located at Jerry Hughes Field– the field closest to the dog park.

What is the program format?

Coaches will start each practice with a short warm-up to work on space awareness, coordination, and teamwork. Players will then break into stations to work on the fundamentals and simple game strategy of that week's sport. Players will gradually work into game play as they advance in their skills and knowledge of the games.

Week 1: Soccer

Week 2: Tee-Ball

Week 3: Flag Football

Week 4: Soccer/Basketball

Week 5: Olympics/ShortE's Favorites

What do I need to bring?

It is very important that all players come in athletic attire (NO jeans or sandals). Please make sure to bring plenty of water for each practice! A CARD Youth Sports jerseys is optional, but recommended and helpful for the program. Jerseys can be purchased at the CARD Office for \$15.

How will I know if there are any changes to practice due to bad weather?

You can find information regarding changes to the program because of the weather (rain, smoke, thunder, etc.) at CARD's weather hotline at **895-4711 ext. 3**. The weather hotline will be updated at least one hour before your program is scheduled to run if there are any changes in the schedule. You will **not** receive a phone call regarding any cancellations due to weather, and should instead check the weather hotline if you are concerned about the availability of the program.

Any other questions?

Email Recreation Supervisor, Erin Gonzales at egonzales@chicorec.com



Have you PLAYed Today?

www.chicorec.com

CARD office: 545 Vallombrosa Ave.

Questions? Call 895-4711

