



2009 Fall

3-5 Year Olds

ShortE All-Stars

Chico Area Recreation & Park District

When will I be contacted by a coach?

You will not be contacted by a coach, please show up at the first practice at DeGarmo Park ready to go!



When and where does the program run?

ShortE All-Stars for 6-8 year olds is held at DeGarmo Park, Esplanade and Eaton Rd. Please arrive on time.

Course #	Day	Date	Time	Age
6775	Sa	9/12-10/10	9:00-10:00 AM	3-5
6776	Sa	9/12-10/10	10:15-11:15 AM	3-5
6777	Sa	9/12-10/10	11:30 AM-12:30 PM	3-5

What is the program format?

Coaches will start each practice with a short warm-up to work on space awareness, coordination, and teamwork. Players will then break into stations to work on the fundamentals and simple game strategy of that week's sport. Players will gradually work in game play as they advance in their skills and knowledge of the games.

Week 1, 9/12: Soccer

Week 2, 9/19: Soccer

Week 3, 9/26: Flag Football

Week 4, 10/3: Tee-Ball

Week 5, 10/10: Olympics

What do I need to bring?

It is very important that all players come in athletic attire (NO jeans or sandals). Please make sure to bring plenty of water for each practice!

How will I know if there are any changes to practice due to bad weather?

You can find information regarding changes to the program because of the weather (rain, smoke, thunder, etc) at CARD's weather hotline at 895-4711 ext. 3. The weather hotline will be updated by 8:15am on the day of the program if there are any changes in the schedule. You will **not** receive a phone call regarding any changes, and should instead check the weather hotline if you are concerned about the availability of the program.

Any other questions?

Please feel free to call Erin Gonzales at 895-4711 ext. 112 with any other questions!

Visit up today

Online at www.chicorec.com

Or at the CARD office

545 Vallombrosa Ave.

Call 895-4711

Have you PLAYED today?