



CARD






CHICO AREA RECREATION & PARK DISTRICT

Air Quality District Policy

CARD will monitor the Department of Environmental Quality (DEQ) [Air Quality Index \(AQI\)](#) at airnow.gov for air quality decisions based on the below chart.

- Due to air quality fluctuation within each day, each program will update participants on their program based on the time the program is scheduled to start, with at least one hour's notice of change if possible. **If** a program is cancelled, updates will be posted online at www.ChicoRec.com/fields. Cancelled activities will either be fully refunded, or rescheduled.

Parents: Watch the smoke forecast and decide when to limit your child(ren)s activities. If you do not wish for your child to spend time outdoors, please consider if the activity or program is the right choice for your family based on the air quality.

AIR QUALITY INDEX	VALUE OF INDEX	OUTDOOR ACTIVITY GUIDANCE
 GREEN Good	0 to 50	Great day to be active outside! All programs running as normal.
 YELLOW Moderate	51-100	Good day to be active outside. All programs running as normal. People who are unusually sensitive to air pollution could have symptoms.
 ORANGE Unhealthy for Sensitive Groups	101-150	It's OK to be active outside, especially for short activities. Outdoor programming running, and staff will modify to reduced physical intensity and/or duration at the discretion of supervisors. Watch for symptoms and take action as needed.
 RED Unhealthy	151-200	All youth and adult programming, including practices and games, that cannot be moved indoors will be cancelled. For staff, outdoor duties will be modified with increased rest periods throughout time of reduced air quality at the discretion of supervisors. Staff should wear N95 masks or equivalent while outdoors.
 PURPLE Very Unhealthy	201 and above	Closure of all outdoor programming, activities and fields. For staff, outdoor duties will be suspended and indoor only duties will continue in accordance with supervisor and work needs.

WATCH FOR SYMPTOMS

Air pollution can make asthma symptoms worse and trigger attacks. Symptoms of asthma include coughing, wheezing, difficulty breathing, and chest tightness. Even people who do not have asthma could experience these symptoms.

If symptoms occur, participant and/or staff should take a break, do a less intense activity, stop all activity, go indoors or use quick relief medicine as prescribed. If symptoms don't improve, get medical help.